

from your

MOUTH

to your

HEART

Studies suggest periodontal disease could increase the risk of heart disease. A stronger evidence for an association between periodontitis and myocardial infarction has been found in a recent study where there's a 28% increased risk of first myocardial infarction (MI) in patients with periodontitis¹. Periodontitis is the most common cause of tooth loss in adults.



of the adults in Mississippi with a diagnosed heart disease had LOST all their permanent teeth²



of the adults in Mississippi with a diagnosed heart disease has NOT visited a dentist in the past 2 years²



stronger association of tooth loss in Mississippi adults who are diagnosed with heart disease compared to those without heart disease²

KEEP YOUR MOUTH HEALTHY



Choose a healthy diet



Quit smoking (call 1-800-QUIT-NOW)



Brush and floss twice a day



See your dentist twice a year



MISSISSIPPI STATE DEPARTMENT OF HEALTH
HealthyMS.com/dental

