

# Prostate Cancer

### **Prostate Cancer**

#### **Risk factors**

- African American men are at higher risk for prostate cancer and they have twice the death rate from the disease compared to other races
- Having more than one relative who has had prostate cancer also increases your risk

#### **Symptoms**

- Difficulty starting urination
- Weak or interrupted flow of urine
- Frequent urination, especially at night
- Difficulty emptying the bladder completely
- Pain or burning during urination
- Blood in the urine or semen
- Pain in the back, hips or pelvis that doesn't go away
- Painful ejaculation

## Screening recommendations

- Men who are 55-69 years old should talk to their doctor about being screened for prostate cancer with a prostate specific antigen (PSA) test
- Men should talk to their doctor about the benefits and harms of screening for prostate cancer, including the benefits and harms of other tests and treatment
- Men who are 70 years old and older should not be screened for prostate cancer routinely

For more information, contact us at the following:
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