Studies suggest periodontal disease could increase the risk of heart disease. A stronger evidence for an association between periodontitis and myocardial infarction has been found in a recent study where there's a 28% increased risk of first myocardial infarction (MI) in patients with periodontitis: Periodontitis is the most common cause of tooth loss in adults.

- **25%** of the adults in Mississippi with a diagnosed heart disease had LOST all their permanent teeth

- **45%** of the adults in Mississippi with a diagnosed heart disease has NOT visited a dentist in the past 2 years

- **2x** stronger association of tooth loss in Mississippi adults who are diagnosed with heart disease compared to those without heart disease

**KEEP YOUR MOUTH HEALTHY**

- Choose a healthy diet
- Quit smoking (call 1-800-QUIT-NOW)
- Brush and floss twice a day
- See your dentist twice a year

Source: Office of Health Data and Research, Mississippi State Department of Health.

Data: 1. Periodontists Increases the Risk of a First Myocardial Infarction, Ryden et al., Circulation, 2016, 133:576-589