



Wet your hands with warm water



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Wet your hands with warm water



Wet your hands with warm water

Lather both hands with soap



Lather both hands with soap



Lather both hands with soap



Lather both hands with soap



Scrub your hands for at least 20 seconds (between fingers, palms and back of hands and under your fingernails)



Scrub your hands for at least 20 seconds (between fingers, palms and back of hands and under your fingernails)



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Scrub your hands for at least 20 seconds (between fingers, palms and back of hands and under your fingernails)

Rinse your hands thoroughly



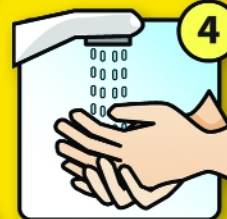
Rinse your hands thoroughly



Rinse your hands thoroughly



Rinse your hands thoroughly



Dry your hands on a clean towel (use the towel to turn off the water) or air dry your hands



Dry your hands on a clean towel (use the towel to turn off the water) or air dry your hands



Dry your hands on a clean towel (use the towel to turn off the water) or air dry your hands



Dry your hands on a clean towel (use the towel to turn off the water) or air dry your hands

Cover your Cough



Cover your Cough



Cover your Cough



Cover your Cough



Cover your nose and mouth every time you cough or sneeze. If you don't have a tissue, cough or sneeze into your upper arm or sleeve



Cover your nose and mouth every time you cough or sneeze. If you don't have a tissue, cough or sneeze into your upper arm or sleeve



Cover your nose and mouth every time you cough or sneeze. If you don't have a tissue, cough or sneeze into your upper arm or sleeve



Cover your nose and mouth every time you cough or sneeze. If you don't have a tissue, cough or sneeze into your upper arm or sleeve



Stay at least three feet away from someone who is coughing or sneezing



Stay at least three feet away from someone who is coughing or sneezing



Stay at least three feet away from someone who is coughing or sneezing



Stay at least three feet away from someone who is coughing or sneezing

Wash your hands several times a day with soap and water or use hand sanitizer



Wash your hands several times a day with soap and water or use hand sanitizer



Wash your hands several times a day with soap and water or use hand sanitizer



Wash your hands several times a day with soap and water or use hand sanitizer

